



POPE HIGH SCHOOL FASTPITCH

www.popetastpitch.net

3001 Hembree Road – Marietta, Ga. 30062

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2014 AAAAAA STATE CHAMPIONS

Region champions
2012, 2017

GHSA Final Four
2012, 2013, 2014, 2016

GHSA State Runner Up
2012

GHSA State Finals Tournament
2012, 2013, 2014, 2016, 2017

NON-NEGOTIABLES OF POPE FASTPITCH – aka – The “STANDARD 7”

1. FUN

- If it is not fun, we don't need to be out there.

2. ACCOUNTABILITY

- Recognizing a mistake (even well intentioned ones), acknowledging, figuring out how to correct, and quickly moving past the mistake

3. CHAMPIONSHIP MINDSET vs VICTIMIZATION MINDSET!

- “We cannot control what happens to us, ONLY OUR REACTION” – unknown
 - *Athletes with a victimization mindset Complain whereas Champions seek answers.*
 - Playing time, lineup, practice drills, practice hours, game times, umpires, about one another, meetings, bus rides, weather, coaching decisions, player execution, homework, school assignment, etc.....
 - *Athletes with a victimization mindset are angry whereas champions are motivated*
 - At failure, at teammates, at coaches, at umpires, at parents, at teachers
 - *Athletes with a victimization mindset do not have fun whereas Champions embrace the journey*
 - *Athletes with victimization mindset do not hold themselves accountable whereas champions DO!*

4. DRAMA

- Talking about ANYONE (teammates, coaches, parents, siblings, classmates)
- YOU MUST FOLLOW THE POPE FASTPITCH PROCESS FOR PERSONAL CONFLICT

5. EFFORT

- ALWAYS BE COMPETITIVE
- TOTAL EFFORT REGARDLESS OF SCORE
- TOATAL EFFORT REGARDLESS OF CIRCUMSTANCE

6. RESPECT

- In the school building in regards to TEACHES, ADMINISTRATORS, CLASSMATES
- Off the field – parents, siblings, community members
- On the field – Teammates, Coaches, Umpires, opposition

7. RESPONSIBILITY

- To be on time
- To be at practice / games (schedule conflicts around your commitment to the team)
- To have the proper uniform, clothing, or equipment
- To take care of academic business (make ups, attendance in class – NEVER SKIP)
- TO BE A MODEL CITIZEN IN THE SCHOOL (NEVER GET WRITTEN UP!!!)
- To live your life properly off the field